

Cleaning Instructions For Your Clear Retainer

- *Remove retainer when brushing your teeth and brush the retainer with a soft toothbrush and water, or a little soap. **NEVER USE TOOTHPASTE.**
- * Make sure to keep your retainer clean. It very important to remove the plaque and bacteria that can harden over time.
- * Avoid hot water, sunlight and soaking them in mouth wash. The plastic may break down or warp.
- * Keep your retainer away from young children and pets. Pets love to chew on them!
- * Retainers are breakable, so treat them with care. If retainers are lost or broken, call us immediately
- * Always bring your retainer to your appointments.